

Weighlifting Championship 2013

MEN							
SCHOOL	NAME	Weight Class	Bench Press	Clean	Squat	Total	Team Points
Concordia Academy	Kalilo Tufa	125	160	145	505	505	1st-5
St. Anthony	Brandon Martinez	125	130	95	195	420	2nd-3
Concordia Academy	Guy Hanson	125	125	95	145	370	3rd-1
St. Anthony	Michael Vezies	145	245	170	255	670	1st-5
Concordia Academy	Matt Cramer	145	160	185	240	585	2nd-3
St. Anthony	Clayborn Held	145	180	155	225	560	3rd-1
Concordia Academy	Luke Lageson	165	260	255	375	890	1st-5
St. Anthony	Preston Brandes	165	250	225	325	800	2nd-3
St. Anthony	Jake Metusalem	165	215	215	330	760	3rd-1
Concordia Academy	Peter Stover	185	205	255	385	845	1st-5
St. Anthony	Billy Johnson	185	235	235	365	835	2nd-3
St. Croix Lutheran	Sasha Bornschlegl	185	255	255	320	830	3rd-1
Concordia Academy	Baeza Tensaie	205	315	245	405	965	1st-5
Concordia Academy	Isaac Hernandez	205	200	255	360	805	2nd-3
Providence Acad.	Austin Robertson	205	260	205	295	760	3rd-1
St. Anthony	Matt Meadowcroft	225	315	225	315	855	1st-5
St. Anthony	Justice Spriggs	225	225	205	350	780	2nd-3
St. Croix Lutheran	Marcus Cross	225	230	205	320	755	3rd-1
St. Croix Lutheran	Chris Slepica	225	185	205	36	755	3rd-1
St. Croix Lutheran	Randy Gehl	HWT	280	250	400	930	1st-5
St. Anthony	Billy Austin	HWT	205	215	315	735	2nd-3
Concordia Academy	Chris Rock	HWT				0	
WOMEN							
St. Croix Lutheran	Marissa Sievert	Class A	75	90	210	375	1st-5
Concordia Academy	Elissa Pheneger	Class A	115	115	135	365	2nd-3
Concordia Academy	Clara Paul	Class A	85	105	145	335	3rd-1
Concordia Academy	Jasmine White	Class B	95	135	170	400	1st-5

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Concordia Academy	Katie Tastad	Class B	90	135	165	390	2nd-3
Concordia Academy	Choloe Deutsch	Class B	95	95	175	365	3rd-1
Concordia Academy	Bekah Johnson	Class B	110	95	160	365	3rd-1
Concordia Academy	Alexis Brown	Class C	125	140	205	470	1st-5
St. Croix Lutheran	Cadeshia Kamara	Class C	100	95	185	380	2nd-3
St. Anthony	Becca Snyder	Class C	85	105	160	350	3rd-1